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| **Module card** |
| I. GENERAL INFORMATION |
| **WITELON COLLEGIUM STATE UNIVERSITY** DEPARTMENT **OF HEALTH AND PHYSICAL CULTURE SCIENCES** |
| **Field** | Emergency Medical Care  |
| **Module title** | Basic life support |
| **Language of lecture** | English |
| **ECTS points** | 3 |
| **Preliminary conditions:** | none |
| II. Education aims |
| 1. Getting acquainted with the basic life support in adults.
2. Getting acquainted with the basic life support in children.
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| III. Education outcomes |
| 1.The student knows the basic first aid intervention.2. The student is able to basic adult cardiopulmonary resuscitation (CPR) in children and adults.3. The student knows shock, bleeding, poisoning, burns, temperature extremes, musculoskeletal injuries, bites and stings, medical emergencies, and confined spaces. |
| IV. EDUCATIONAL METHODS |
| **Assesment method:** show, simulated situations |
| **Student workload: 75** |
| V. MODULE TYPE AND CONTENTS |
| 1. Responding to Emergencies.
2. Check, Call, Care.
3. Recovery position.
4. Choking – adult, child and baby.
5. Angina and heart attack - symptoms and procedures.
6. Stroke - symptoms and procedures.
7. Cardiopulmonary resuscitation – adult, child and baby.
8. Cardiopulmonary resuscitation and AED– adult, child and baby.
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| VII. ECTS POINT BALANCE SHEET - STUDENT'S WORKLOAD |
| **Category** | **Student’s workload** |
| ***Contact hours*** | 30 |
| Participation in lectures | 10 |
| Participation in classes, workshops | 19 |
| Exam | 1 |
| ***Independent student’s work*** | 45 |
| Preparation for the lecture | 10 |
| Preparation for the classes, workshops | 15 |
| Preparation for the test |  |
| Preparation for the exam | 15 |
| Preparing the project | 5 |
| Preparing multimedia presentation |  |
| ***Total numer of hours*** | 75 |
| ***ECTS points***  | 3 |
| VIII. Recommended literature |
| Guidelines European Resuscitation Council -  Basic Life Support and AED — Scope, Pediatric Life Support — Scope,  Adult Basic Life Support: International Consensus on Cardiopulmonary Resuscitation and Emergency Cardiovascular Care Science With Treatment Recommendations Pediatric Life Support: 2020 International Consensus on Cardiopulmonary Resuscitation and Emergency Cardiovascular Care Science With Treatment Recommendations |
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