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| **Module card** |
| I. GENERAL INFORMATION |
| **WITELON COLLEGIUM STATE UNIVERSITY** **DEPARTMENT OF HEALTH AND PHYSICAL CULTURE SCIENCES**  |
| **Field** | Nursing |
| **Module title** | Trauma first aid. |
| **Language of lecture** | English |
| **ECTS points** | 2 |
| **Preliminary conditions:** | Student knows basics of first aid. |
| II. Education aims |
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| 1. Introduce the student to different procedures of trauma medicine associated with first aid.
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| III. Education outcomes |
| 1. Student knows how to take care of trauma patient.
2. Student is able to recognize critical conditions associated with trauma.
3. Student is able to give psychological support for trauma patients.
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| IV. EDUCATIONAL METHODS |
| **Assesment method: lecture, exercise, discussion, workshop** |
| **Student workload: 50 hours** |
| V. MODULE TYPE AND CONTENTS |
| 1. Basic trauma types and accidents statistics. – exercise classes 4h
2. Head injuries – concussion prevention and first aid. – exercise classes 4h
3. Chest injuries – different types of chest wounds and early pneumothorax treatment. – exercise classes 4h
4. Abdomen injuries – internal bleeding and shock patients. – exercise classes 4h
5. Fractures – how to stabilize broken bone in first aid. – exercise classes 4h
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| VII. ECTS POINT BALANCE SHEET - STUDENT'S WORKLOAD |
| **Category** | **Student’s workload** |
| ***Contact hours*** | 30 |
| Participation in lectures | - |
| Participation in classes, workshops | 30 |
| Exam | - |
| ***Independent student’s work*** | 20 |
| Preparation for the lecture | - |
| Preparation for the classes, workshops | 10 |
| Preparation for the test | 10 |
| Preparation for the exam | - |
| Preparing the project | - |
| Preparing multimedia presentation | - |
| ***Total numer of hours*** | 50 |
| ***ECTS points***  | 2 |
| VIII. Recommended literature |
| 1. International Trauma Life Support, MP 2020, John Emory Campbell, MD, FACEP, Roy Lee Alson, PhD, MD, FACEP, FAAEM |
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