

Module card

I. GENERAL INFORMATION									
WITELON COLLEGIUM STATE UNIVERSITY DEPARTMENT OF SOCIAL STUDIES AND HUMANITIES									
Field of study:			Psychology						
Form of study:			Erasmus						
Module title:			Basic of group work						
Module type:									
Language of lecture:			English						
Year of study:		Forms of teaching including number of teaching hours:							
Semester (winter/summer):		summer	Lectures	Classes	Laboratory	Project	Workshop	Seminar	Other
Total number of ECTS credits:		5					30		
Form of completion:			Assessment of work in classes, attendance at classes, presentation						
Prerequisites:			None						
II. LEARNING OBJECTIVES									
Learning objectives:									
<p>Objective 1: Understanding the characteristics of a small social group, group processes, team roles, and group leadership styles. Objective 2: Acquiring skills in effective collaboration, communication, conflict resolution, and improving teamwork effectiveness. Objective 3: Developing social competencies that foster responsible, ethical, and supportive group functioning.</p>									
IV. PROGRAMME CONTENT									
Content of the programme (topics of classes, presented with a breakdown into individual forms of classes with the indication of the number of hours needed for their realization)									
Code	Course topics in practice							Number of hours	
W1	Characteristics of small groups and group processes. Practical observations and analysis of interactions in workshop groups.							2	
W2	Types of social groups and their functions. Form mini-groups and moderated discussion of differences and applications.							2	
W3	Group roles. Practical exercises in pairs to recognize your own and others' group roles							2	
W4	Mechanisms of social influence in groups. Analysis of group life cases and identification of influence strategies.							2	
W5	Fundamentals of effective team communication. Practical workshops in the form of mini-presentations and mutual feedback.							2	
W6	Group collaboration through the pursuit of shared goals. Team games focused on planning and implementing group tasks.							2	
W7	Identifying difficult situations and threats in teamwork. Simulation games with challenges and problems typical of teams.							2	
W8	Resolving conflicts in a group. Practical exercises in pairs using negotiation and mediation techniques.							2	
W9	Motivating and supporting team members. Workshops in the form of role-playing and moderated discussions on motivation strategies.							2	
W10	Responding to difficult coworkers. Role-playing and simulating conflict situations, discussing possible responses.							2	
W11	Utilizing leadership elements in a group. Team games with leader designation and practical application of influence techniques.							2	
W12	Teamwork organization with task allocation. Practical group exercises in task planning and assigning responsibilities.							2	
W13	Team Effectiveness and Collaboration. Case studies and workshops on strategies for improving team collaboration and productivity.							2	
W14	Ethical communication and group responsibility. Moderated discussion and pair-based exercises on the principles of communication and responsibility.							2	
W15	Simulation games and integration workshops summarizing acquired skills and roles.							2	
VIII. RECOMMENDED LITERATURE									

Basic sources:

1. Patrick Lencioni P., (2021) The Ideal Team Player, Jossey-Bass
2. Berne E., (2016) ,Games People Play: The Psychology of Human Relationships, Penguin Books Ltd

Additional sources:

1. Aronson, E., Wilson, T. D., Akert, R. M., & Sommers, S. R. (2021). Social Psychology (10th Global Edition). Pearson.